***Keystone Heights Athletic Clearance***

***2023-2024 School Year***

 ALL STUDENTS MUST COMPLETE THIS PROCESS TO PARTICIPATE IN ATHLETICS

**IF YOUR STUDENT IS A NON-TRADITIONAL STUDENT SUCH AS HOMESCHOOLED, FLVS, CHARTER, ETC, PLEASE CONTACT COACH DICKINSON FOR THE APPROPRIATE FORMS THAT YOU WILL NEED TO FILL OUT. OFFICE #  (904)336-784**1

\*\*\*MUST BE COMPLETED BY PARENT AND STUDENT ATHLETE\*\*\*

Keystone Athletics uses  AthleticClearance.com. The information is 100% confidential and HIPAA approved.

To become eligible for KHHS Athletics, please complete the following instructions:

1. Go to [www.athleticclearance.com](http://www.athleticclearance.com)
2. Click on FL
3. Please take a moment to watch the tutorial video, then click Register.
4. For username, please use a valid email address. Once all fields are complete click submit
5. Enter the code shown then click submit
6. Click Start Clearance Here
7. Enter the following information- Year: 2023-2024, School: Keystone Heights, Sport:(Please select all sports you plan on trying out for.)
8. Please fill out all the fields. Student Email is your child’s student number ######@myoneclay.net
9. Please upload your EL02 and 3 video certificates. Please look at the new physical forms and only upload the pages that say (SUBMIT THIS MEDICAL ELIGIBILITY FORM TO THE SCHOOL) which is page 4. Please keep pages 1,2, and 3 for your records.I have provided a link to get a copy of a blank EL02.. (<https://fhsaa.com/documents/2023/3/3/EL2_Form.pdf>)
10. Please make sure that all signature sections are signed by parent **and** student athlete respectively.
11. O**nce completed, please turn in the confirmation page (signed and dated) to Coach Dickinson.**

Steps that MUST be completed to be eligible:

1. Account completed on [www.athleticclearance.com](http://www.athleticclearance.com)
2. EL02 (Physical signed and dated by doctor) Uploaded to Athletic Clearance.
3. 3 Videos from NFHSlearn.com; Concussion in Sports, Heat Illness Prevention, and Sudden Cardiac Arrest are to be uploaded to Athletic Clearance.
4. **Once completed, please turn in the confirmation page from Athletic Clearance to Coach Dickinson, so he can clear you to participate.**
5. **You cannot compete with a team until you have been cleared by the Athletic Director. Do not wait until the day of conditioning or tryouts to turn in the confirmation page. Coach cannot guarantee same day clearance. Please plan ahead.**

Directions for viewing the **Concussion in Sports, Heat Illness Prevention, and Sudden Cardiac Arrest**. What you need to know course...

1. Go to [www.nfhslearn.com](http://www.nfhslearn.com)
2. Create a login and a password
3. Click on courses and type in **Concussion in Sports, Heat Illness Prevention, and Sudden Cardiac Arrest** (you will have to do this process for each course)
4. Click **Order Now**- the video is free
5. Select an option and click **continue**
6. Select Florida as your state
7. Click **checkout**
8. Click **complete purchase**- this should be free unless you are purchasing something else
9. The video will be under **MY AVAILABLE COURSES**. Click begin to watch the video. The videos are different lengths. The system has the ability to stop at a certain point and pick back up at the point when you come back to the video.

For help viewing the course, please contact the help desk at NFHS. There is a tab on the upper right hand corner of [www.nfhslearn.com](http://www.nfhslearn.com).

For questions on the requirement to view the course, please contact -------- at 352-372-9551.

Once you have completed all three courses, please **UPLOAD CERTIFICATES TO ATHLETIC CLEARANCE**

Directions to purchase school insurance **IF YOU DO NOT HAVE** insurance or to purchase supplemental insurance

Go to: [**schoolinsuranceagency.com**](http://schoolinsuranceagency.com/)

Select: Public School

Select: Clay

Select: Keystone Heights Jr-Sr School

Select: School Year

Select: Basic or your choice of insurance coverage

Select: Checkout

Select: Proceed to Checkout

Put your information in to pay.

Please put information of your insurance on Athletic Clearance.